



# MOW MENU ~ DECEMBER 2022



Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990

## Merry Christmas

- HAPPY NEW YEAR -

**Thursday, December 1**

**Friday, December 2**

**Entree:** Penne & Italian Meatballs  
**Starch:** Garlic Toast  
**Soup:** Chef's Choice

**Entree:** Roast Beef  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Monday, December 5**

**Tuesday, December 6**

**Wednesday, December 7**

**Thursday, December 8**

**Friday, December 9**

**Entree:** Chicken Cordon Bleu  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Chicken Stir Fry  
**Starch:** Egg Noodles  
**Soup:** Chef's Choice

**Entree:** Salisbury Steak  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Entree:** Sweet & Sour Pork  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Pork Loin  
**Starch:** Roasted Potatoes  
**Soup:** Chef's Choice

**Monday, December 12**

**Tuesday, December 13**

**Wednesday, December 14**

**Thursday, December 15**

**Friday, December 16**

**Entree:** Beef Pot Pie  
**Starch:** Carrots  
**Soup:** Chef's Choice

**Entree:** Pineapple Chicken  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Honey Garlic Pork Chops  
**Starch:** Roasted Potatoes  
**Soup:** Chef's Choice

**Entree:** Ginger Beef  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Baked Ham  
**Starch:** Scalloped Potatoes  
**Soup:** Chef's Choice

**Monday, December 19**

**Tuesday, December 20**

**Wednesday, December 21**

**Thursday, December 22**

**Friday, December 23**

**Entree:** Hot Hamburger  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Entree:** Chicken Mac & Cheese  
**Starch:** Garlic Toast  
**Soup:** Chef's Choice

**Entree:** Turkey & Stuffing  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Entree:** Fried Chicken  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Entree:** Roast Beef  
**Starch:** Mashed Potatoes & Gravy  
**Soup:** Chef's Choice

**Monday, December 26**

**Tuesday, December 27**

**Wednesday, December 28**

**Thursday, December 29**

**Friday, December 30**

**LSCO Closed for  
Boxing Day**

**Entree:** Shepherd's Pie  
**Starch:** Broccoli & Cheese Sauce  
**Soup:** Chef's Choice

**Entree:** Shake & Bake Chicken  
**Starch:** Scalloped Potatoes  
**Soup:** Chef's Choice

**Entree:** Chicken Parmesan  
**Starch:** Penne Marinara  
**Soup:** Chef's Choice

**Entree:** BBQ Pork Chops  
**Starch:** Scalloped Potatoes  
**Soup:** Chef's Choice