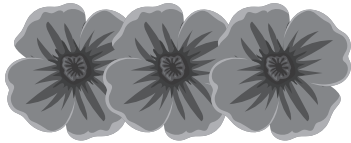




MOW MENU ~ NOVEMBER 2022



Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990



Tuesday, November 1	Wednesday, November 2	Thursday, November 3	Friday, November 4
Entree: Chicken Alfredo Starch: Garlic Toast Soup: Chef's Choice	Entree: Shepherd's Pie Starch: Soup: Chef's Choice	Entree: Lasagna Starch: Garlic Toast Soup: Chef's Choice	Entree: Liver & Onions Starch: Mashed Potatoes & Gravy Soup: Chef's Choice

Monday, November 7	Tuesday, November 8	Wednesday, November 9	Thursday, November 10	Friday, November 11
Entree: Shake & Bake Chicken Starch: Roasted Potatoes Soup: Chef's Choice	Entree: Chili Con Carne Starch: Rice Soup: Chef's Choice	Entree: BBQ Pork Chops Starch: Rice Soup: Chef's Choice	Entree: Italian Meatballs Starch: Garlic Toast Soup: Chef's Choice	LSCO Closed for Remembrance Day

Monday, November 14	Tuesday, November 15	Wednesday, November 16	Thursday, November 17	Friday, November 18
Entree: Beef Stew Starch: Mashed Potatoes Soup: Chef's Choice	Entree: Chicken Pot Pie Starch: Soup: Chef's Choice	Entree: Ginger Beef Starch: Rice Soup: Chef's Choice	Entree: Chicken Parmesan Starch: Penne & Marinara Soup: Chef's Choice	Entree: Baked Ham Starch: Scalloped Potatoes Soup: Chef's Choice

Monday, November 21	Tuesday, November 22	Wednesday, November 23	Thursday, November 24	Friday, November 25
Entree: Beef Stroganoff Starch: Egg Noodles Soup: Chef's Choice	Entree: Fried Chicken Starch: Mashed Potatoes & Gravy Soup: Chef's Choice	Entree: Honey Garlic Pork Starch: Rice Soup: Chef's Choice	Entree: Veal Schnitzel Starch: Mashed Potatoes & Gravy Soup: Chef's Choice	Entree: Pork Meatloaf Starch: Mashed Potatoes & Gravy Soup: Chef's Choice

Monday, November 28	Tuesday, November 29	Wednesday, November 30	Remembrance Day
Entree: Chicken Stir Fry Starch: Rice Soup: Chef's Choice	Entree: Pork Loin & Apple Sauce Starch: Roasted Potatoes Soup: Chef's Choice	Entree: Hamburger Steak Starch: Mashed Potatoes Soup: Chef's Choice	LEST WE FORGET <i>we pay tribute</i>



Remembrance Day
LEST WE FORGET
we pay tribute

