



MOW MENU ~ FEBRUARY 2022



Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990



Tuesday, February 1

Entree: Pork Cutlet
Starch: Cheesy Mashed Potatoes
Soup: Chef's Choice

Wednesday, February 2

Entree: Honey Garlic Chicken
Starch: Rice
Soup: Chef's Choice

Thursday, February 3

Entree: Beef Stir Fry
Starch: Rice
Soup: Chef's Choice

Friday, February 4

Entree: Turkey Pot Pie
Starch:
Soup: Chef's Choice

Monday, February 7

Entree: Pork Chops
Starch: Polenta
Soup: Chef's Choice

Tuesday, February 8

Entree: Baked Spaghetti
Starch: Garlic Toast
Soup: Chef's Choice

Wednesday, February 9

Entree: Shepherd's Pie
Starch: Bun
Soup: Chef's Choice

Thursday, February 10

Entree: Chicken Thighs
Starch: Oven Roasted Potatoes
Soup: Chef's Choice

Friday, February 11

Entree: Beef Stroganoff
Starch: Rice
Soup: Chef's Choice

Monday, February 14

Entree: Salsa Chicken
Starch: Lemon Roasted Potatoes
Soup: Chef's Choice

Tuesday, February 15

Entree: Roast Beef
Starch: Mashed Potatoes
Soup: Chef's Choice

Wednesday, February 16

Entree: Quiche
Starch: Oven Roasted Potatoes
Soup: Chef's Choice

Thursday, February 17

Entree: Pulled Pork & Beans
Starch: Bun
Soup: Chef's Choice

Friday, February 18

Entree: Sausage
Starch: Pasta
Soup: Chef's Choice

Monday, February 21

**LSCO Closed
for Family Day**

Tuesday, February 22

Entree: Lemon Pepper Battered Fish
Starch: Rice
Soup: Chef's Choice

Wednesday, February 23

Entree: Pork Meatloaf
Starch: Scalloped Potatoes
Soup: Chef's Choice

Thursday, February 24

Entree: Beef Bourguignon
Starch: Rice
Soup: Chef's Choice

Friday, February 25

Entree: Cranberry Chicken
Starch: Oven Roasted Potatoes
Soup: Chef's Choice

Monday, February 28

Entree: Roast Beef
Starch: Mashed Potatoes
Soup: Chef's Choice



Happy Valentine's

