



# MOW MENU ~ JUNE 2021



Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990

*Celebrate*  
Seniors' Week  
June 7 - 13

**Tuesday, June 1**

**Entree:** Honey Garlic Pork  
**Starch:** Rice  
**Soup:** Chef's Choice

**Wednesday, June 2**

**Entree:** Chicken Swiss  
**Starch:** Hash Browns  
**Soup:** Chef's Choice

**Thursday, June 3**

**Entree:** Meatloaf  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Friday, June 4**

**Entree:** Chicken Cacciatore  
**Starch:** Pasta  
**Soup:** Chef's Choice

**Monday, June 7**

**Entree:** Veal Cutlet  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Tuesday, June 8**

**Entree:** Fried Chicken  
**Starch:** Hash Brown Casserole  
**Soup:** Chef's Choice

**Wednesday, June 9**

**Entree:** Salisbury Steak  
**Starch:** Steamed Potatoes  
**Soup:** Chef's Choice

**Thursday, June 10**

**Entree:** Pork Chop w/Apple Sauce  
**Starch:** Polenta  
**Soup:** Chef's Choice

**Friday, June 11**

**Entree:** BBQ Beef on a Bun  
**Starch:** Oven Roasted Potatoes  
**Soup:** Chef's Choice

**Monday, June 14**

**Entree:** Baked Pasta  
**Starch:** Garlic Toast  
**Soup:** Chef's Choice

**Tuesday, June 15**

**Entree:** Fish  
**Starch:** Oven Roasted Potatoes  
**Soup:** Chef's Choice

**Wednesday, June 16**

**Entree:** Beef Stew  
**Starch:** Bun  
**Soup:** Chef's Choice

**Thursday, June 17**

**Entree:** Chicken Pot Pie  
**Starch:**  
**Soup:** Chef's Choice

**Friday, June 18**

**Entree:** Roast Pork  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Monday, June 21**

**Entree:** BBQ Chicken  
**Starch:** Oven Roasted Potatoes  
**Soup:** Chef's Choice

**Tuesday, June 22**

**Entree:** Ginger Beef  
**Starch:** Rice  
**Soup:** Chef's Choice

**Wednesday, June 23**

**Entree:** German Sausage  
**Starch:** Perogies  
**Soup:** Chef's Choice

**Thursday, June 24**

**Entree:** Chicken Stir Fry  
**Starch:** Rice  
**Soup:** Chef's Choice

**Friday, June 25**

**Entree:** Roast Beef  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Monday, June 28**

**Entree:** Sweet & Sour Meatballs  
**Starch:** Rice  
**Soup:** Chef's Choice

**Tuesday, June 29**

**Entree:** Stuffed Pork Chop  
**Starch:** Steamed Potatoes  
**Soup:** Chef's Choice

**Wednesday, June 30**

**Entree:** Herb Chicken  
**Starch:** Polenta  
**Soup:** Chef's Choice

