



# MOW MENU ~ FEBRUARY 2021

Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990



## Monday, February 1

## Tuesday, February 2

## Wednesday, February 3

## Thursday, February 4

## Friday, February 5

**Entree:** Chicken Cordon Swiss  
**Starch:** Pasta  
**Soup:** Chef's Choice

**Entree:** Beef Stir Fry  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Mushroom Pork Chop  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Meat Sauce  
**Starch:** Polenta  
**Soup:** Chef's Choice

**Entree:** Turkey Stew  
**Starch:** Steamed Potatoes  
**Soup:** Chef's Choice

## Monday, February 8

## Tuesday, February 9

## Wednesday, February 10

## Thursday, February 11

## Friday, February 12

**Entree:** Sweet & Sour Pork  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Salisbury Steak  
**Starch:** Steamed Potatoes  
**Soup:** Chef's Choice

**Entree:** Cranberry Chicken  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Tuna Casserole  
**Starch:** Pasta  
**Soup:** Chef's Choice

**Entree:** Meatloaf  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

## Monday, February 15

## Tuesday, February 16

## Wednesday, February 17

## Thursday, February 18

## Friday, February 19

**LSCO Closed  
for Family Day**

**Entree:** Chicken Santa Fe  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Veal Cutlet  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Entree:** Chicken with White Sauce  
**Starch:** Pasta  
**Soup:** Chef's Choice

**Entree:** Beef Stroganoff  
**Starch:** Noodles  
**Soup:** Chef's Choice

## Monday, February 22

## Tuesday, February 23

## Wednesday, February 24

## Thursday, February 25

## Friday, February 26

**Entree:** Baked Spaghetti  
**Starch:** Garlic Toast  
**Soup:** Chef's Choice

**Entree:** Chicken Thighs  
**Starch:** Roasted Potatoes  
**Soup:** Chef's Choice

**Entree:** Roast Beef  
**Starch:** Mashed Potatoes  
**Soup:** Chef's Choice

**Entree:** Teriyaki Pork  
**Starch:** Rice  
**Soup:** Chef's Choice

**Entree:** Corned Beef & Cabbage  
**Starch:** Steamed Potatoes  
**Soup:** Chef's Choice