



MOW MENU ~ AUGUST 2020



Lunch served from 10:45 am ~ 12:15 pm • Menu subject to change without notice • 403-327-7990

Monday, August 3

**LSCO Closed
for Heritage Day**

Tuesday, August 4

Entree: Beef Stew
Starch: Steamed Potatoes
Soup: Chef's Choice

Wednesday, August 5

Entree: Turkey Cutlet
Starch: Mashed Potatoes
Soup: Chef's Choice

Thursday, August 6

Entree: Meat Loaf
Starch: Pasta
Soup: Chef's Choice

Friday, August 7

Entree: Ham
Starch: Scalloped Potatoes
Soup: Chef's Choice

Monday, August 10

Entree: Baked Spaghetti
Starch: Garlic Toast
Soup: Chef's Choice

Tuesday, August 11

Entree: Sweet & Sour Pork
Starch: Rice
Soup: Chef's Choice

Wednesday, August 12

Entree: Pepper Steak
Starch: Roasted Potatoes
Soup: Chef's Choice

Thursday, August 13

Entree: Chicken Santa Fe
Starch: Rice
Soup: Chef's Choice

Friday, August 14

Entree: Roast Beef
Starch: Mashed Potatoes
Soup: Chef's Choice

Monday, August 17

Entree: Chicken Thighs
Starch: Rice
Soup: Chef's Choice

Tuesday, August 18

Entree: Chili
Starch: Steamed Potatoes
Soup: Chef's Choice

Wednesday, August 19

Entree: Hot Hamburger
Starch: Roasted Potatoes
Soup: Chef's Choice

Thursday, August 20

Entree: Fried Chicken
Starch: Steamed Potatoes
Soup: Chef's Choice

Friday, August 21

Entree: BBQ Beef on Bun/Coleslaw
Starch: Roasted Potatoes
Soup: Chef's Choice

Monday, August 24

Entree: Corned Beef & Cabbage
Starch: Steamed Potatoes
Soup: Chef's Choice

Tuesday, August 25

Entree: Italian Sausage
Starch: Mac & Cheese
Soup: Chef's Choice

Wednesday, August 26

Entree: Pork Roast
Starch: Mashed Potatoes
Soup: Chef's Choice

Thursday, August 27

Entree: Bacon Wrapped Tuna
Starch: Rice
Soup: Chef's Choice

Friday, August 28

Entree: Veal Cutlet
Starch: Mashed Potatoes
Soup: Chef's Choice

Monday, August 31

Entree: Mexican Meatballs
Starch: Rice
Soup: Chef's Choice

